

Stedman Singles

This is a 3-bell principle useful for practising Stedman slow work.

	Ringing Treble		Ringing 2nd		Ringing 3rd
	B 1 2 3		B 1 2 3		B 1 2 3
	H 2 1 3		H 2 1 3		H 2 1 3
	B 2 3 1		B 2 3 1		B 2 3 1
	H 3 2 1	Remember:	H 3 2 1		H 3 2 1
	B 2 3 1	<u>3 blows</u>	B 2 3 1		B 2 3 1
	H 2 1 3	in 3rds	H 2 1 3		H 2 1 3
1st WHOLE Turn	B 1 2 3	Lead WRONG i.e. back, hand	B 1 2 3	Quick Work (Quick 6)	B 1 2 3
	H 1 3 2		H 1 3 2		H 1 3 2
	B 3 1 2		B 3 1 2		B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
	B 1 2 3		B 1 2 3		B 1 2 3
	H 2 1 3		H 2 1 3		H 2 1 3
	B 2 3 1	Lead RIGHT i.e. hand, back	B 2 3 1		B 2 3 1
	H 3 2 1	← Point/Snap 2nds	H 3 2 1		H 3 2 1
	B 3 1 2	Lead RIGHT i.e. hand, back	B 3 1 2		B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
1st HALF Turn	B 3 1 2	Slow Work	B 3 1 2	Quick Work (Quick 6)	B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
	B 3 1 2		B 3 1 2		B 3 1 2
	H 3 2 1		H 3 2 1		H 3 2 1
	B 2 3 1		B 2 3 1		B 2 3 1
	H 2 1 3		H 2 1 3		H 2 1 3
	B 2 3 1	← Point Lead (hand)	B 2 3 1		B 2 3 1
	H 3 2 1		H 3 2 1		H 3 2 1
2nd HALF Turn	B 3 1 2	Slow Work	B 3 1 2	Quick Work (Quick 6)	B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
	B 3 1 2		B 3 1 2		B 3 1 2
	H 3 2 1		H 3 2 1		H 3 2 1
	B 2 3 1		B 2 3 1		B 2 3 1
	H 2 1 3		H 2 1 3		H 2 1 3
	B 2 3 1	← Point Lead (back)	B 2 3 1		B 2 3 1
	H 3 2 1		H 3 2 1		H 3 2 1
Last WHOLE Turn	B 3 1 2	Slow Work	B 3 1 2	Quick Work (Quick 6)	B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
	B 1 2 3		B 1 2 3		B 1 2 3
	H 2 1 3		H 2 1 3		H 2 1 3
	B 1 2 3		B 1 2 3		B 1 2 3
	H 1 3 2		H 1 3 2		H 1 3 2
	B 3 1 2	Lead RIGHT i.e. hand, back	B 3 1 2		B 3 1 2
	H 3 2 1	← Point/Snap 2nds	H 3 2 1		H 3 2 1
	B 1 2 3	Lead WRONG i.e. back, hand	B 1 2 3		B 1 2 3
	H 1 3 2		H 1 3 2		H 1 3 2
	B 3 1 2	Remember:	B 3 1 2		B 3 1 2
	H 3 2 1	<u>3 blows</u>	H 3 2 1		H 3 2 1
	B 2 3 1	in 3rds	B 2 3 1		B 2 3 1
	H 3 2 1		H 3 2 1		H 3 2 1
	B 3 1 2		B 3 1 2		B 3 1 2
	H 1 3 2		H 1 3 2		H 1 3 2
	B 1 2 3		B 1 2 3		B 1 2 3

At first, try to include at least three covering bells (e.g., 5-4-6 behind). This establishes a much better pace for practising the slow work, and importantly, for learning how to lead correctly (backstrokes in).