Stedman Singles

This is a 3-bell principle useful for practising Stedman slow work.

	Ringing Treble			Ringing 2nd			P	Ringing 3rd
1st WHOLE Turn	B H B H B H B H B H	1 2 3 2 1 3 2 3 1 3 2 1 2 3 1 2 1 3 1 2 3 1 3 2 1 3 2	Remember: 3 blows in 3rds Lead WRONG i.e. back, hand Point/Snap 2nds Lead RIGHT i.e. hand, back	B H B H B H B H B H	1 2 3 2 1 3 2 3 1 3 2 1 2 3 1 2 1 3 1 2 3 1 3 2 1 3 2 1 2 3 2 1 3 2 1 3 2 1 3 2 1 3	Quick Work (Quick 6)	B H B H B H B H B H	1 2 3 2 1 3 2 3 1 3 2 1 2 3 1 2 1 3 1 2 3 1 3 2 1 3 2 1 3 2 1 2 3 2 1 3 2 1 3 2 1 3
1st	В	3 1 2		В	3 1 2		В	3 1 2
HALF Turn	\mathcal{L}	1 3 2 3 1 2	← Point Lead (hand)	Н	1 3 2 3 1 2		Н	1 3 2 3 1 2
2nd	B H B	3 2 1 2 3 1 2 1 3	≻ Slow Work	B H B	3 2 1 2 3 1 2 1 3		B H B	3 2 1 2 3 1 2 1 3
HALF	-	1 2 3	← Point Lead (back)	В	1 2 3		В	1 2 3
Turn	L H	2 1 3		Н	2 1 3		Н	2 1 3
	В	2 3 1		В	2 3 1		В	2 3 1
	H B	3 2 1 3 1 2		НВ	3 2 1 3 1 2		НВ	3 2 1 3 1 2
	Н	1 3 2	Lead RIGHT	Н	1 3 2		Н	1 3 2
Last	В	1 2 3	i.e. hand, back	В	1 2 3		В	1 2 3
WHOLE	\preceq	2 1 3	← Point/Snap 2nds	Н	2 1 3		Н	2 1 3
Turn	В	1 2 3 1 3 2	Lead WRONG i.e. back, hand	В	1 2 3 1 3 2		В	1 2 3 1 3 2
	► H B	3 1 2		НВ	1 3 2 3 1 2		НВ	3 1 2
	Н	3 2 1	Remember:	Н	3 2 1		Н	3 2 1
	В	2 3 1	3 blows	В	2 3 1		В	2 3 1
	Н	3 2 1 3 1 2	in 3rds	Н	3 2 1 3 1 2		Н	3 2 1 3 1 2
	B H	3 1 2 1 3 2		В	1 3 2		В	3 1 2 1 3 2
	В	1 2 3		В	1 2 3		В	1 2 3

At first, try to include at least three covering bells (e.g., 5-4-6 behind). This establishes a much better pace for learning the slow work and, most importantly, for understanding how to lead correctly.